

**USD 230 Curriculum Map**

**Subject:** Health

**Grade:** 9

**Unit:** Self-Awareness/Safety

**Quarter Taught:** 3

<b>Tested State Indicators</b>	<b>District Objectives/Outcomes/ Key Concepts</b>	<b>Instructional Strategies</b>	<b>Student Activities or Product(s)</b>	<b>Resources Used</b>	<b>Methods of Assessment</b>
<p>9.1.10 9.1.12 9.1.16 9.2.2 9.2.4 9.2.5 9.3.10 9.3.7 9.3.11 9.3.12 9.4.2 9.5.7</p>	<p>Students understand importance of self-awareness and personal safety.</p> <p>Students demonstrate self-defense skills as taught in class.</p> <p>Students have knowledge of Public Safety Organizations.</p>	<p>Practice Demonstration Lecture Linking Question/Answer</p>	<p>Practice techniques of self - defense. Note taking Role Playing</p>	<p>Video: Date Rape Guest Speaker: SRO Officer SH Police Dept. Gymnasium</p>	<p>Self Evaluation Observation Discussion Participation</p>