

Health/Human Sexuality/AIDS

Philosophy

Health/Human Sexuality/AIDS curriculum is a comprehensive, sequential program developed collaboratively by the school and the community for students in grades K-12.

Provided at developmentally appropriate ages health education increases the likelihood that young people will develop healthy lifestyle practices and resist engaging in health risk behaviors.

Components of the U.S.D. #230 Health/Human Sexuality/AIDS Curriculum include the following 7 strands:

1. Health Promotion and Disease Prevention
2. Health Information and Health Promoting Services
3. Health Enhancing Behaviors and Understanding Health Risks
4. Influence of Culture, Media, and Technology on Health
5. Communication Skills and Health
6. Goal Setting and Decision Making Skills in Health
7. Advocacy for Personal, Family, and Community Health