

**USD 230 Curriculum Map**  
**Grade: Kindergarten      Subject: Health**  
**Quarter Taught: Yearly, Ongoing**

State Indicators	District Objectives/Outcomes/ Key Concepts	Instructional Strategies	Student Activities or Product(s)	Resources Used	Methods of Assessment
K1.1 K2.5 K7.1 K6.1	Identify safe practices: school bus, animals, traffic, fire, weather, etc.	Discussion/ Book, Demonstration	Practice, Read Along	Library Book Yellow Safety Books	Observation, Discussion
K1.2 K2.3 K6.1 K7.2 K7.5	Identify and practice emergencies (911) Identify community health care workers	Board Work, Discussion,	Roll play activity	Library books, Purple People Who Care Books	Observation
K3.1	Identify common body parts. Identify and discuss the five senses	Discussion, Board work, Presentation activity book	Coloring workbook, read along	Common body parts coloring workbook, Big Book on Senses, Chocolate, lemon, vinegar, perfume, cotton, ball, index cards glue, markers, watch, telephone game	Observation, worksheets Participation
K1.3 K3.2 K5.3 K6.1 K7.4 K1.4 K6.1	Recognize benefits Of proper hand washing and hygiene	Discussion Activity, song and video	Puffs worksheets and discussion of video	Puffs worksheets Puffs CD Library book Mastadons Video	Participation Observation Worksheets
K2.4 K4.1 K4.2 K4.3	Discuss common disease and infection Recognize the benefits of exercise				
K3.3 K6.1	Recognize the difference between prescription and illicit drugs	Board work Read along Red Ribbon Activities	Discussion Red Ribbon Week activities Ribbons and drawings	Red Ribbon Week activity guide, library books	Discussion, coloring worksheets Participation
K5.1 K7.3	Identify Healthy and Non healthy food choices	Discussion Activity	Food Relay Food Guide Pyramid	Laminated picture cards, food guide pyramid worksheets	Observation
K5.5	Recite name, phone and address	Board work, discussion	Board work, practice	Worksheet	Observation, worksheet
K5.6	Define the uniqueness of families	Discussion, activity	Picture worksheet	License plate worksheet	Pictorial Drawing
K6.1	Demonstrate respect for people and property	Discussion, activity	Enjoy the game materials, practice	Enjoy the game materials, video handouts	Observation Participation